

## Advanced Diploma in Nursing (Gerontology)

Gerontological nursing aims to facilitate and develop knowledgeable and skilled clinical practitioners to meet the psychosocial and health needs of the elderly. The Advanced Diploma in Nursing (Gerontology) prepares students to face the contemporary challenges of providing care to an ageing population and to develop innovative measures to meet these challenges.

### Synopsis of Modules

#### Common Modules

**HS8014 Leadership and Healthcare Management (30 Hrs)**

This module provides an understanding of the impact that economic, political and social issues have on the Singapore healthcare system. Learners will be introduced to concepts of care transition, intermediate and long-term care and advance care planning. In addition, learners will also develop management and leadership skills to prepare them for future roles as managers and leaders.

**HS8015 Professional Issues in Advanced Nursing Practice (30 hrs)**

This module focuses on issues that significantly influence professional nursing practice and outcomes. Learners will analyze the various approaches and undertake exercises and activities that will further assist them in their interpersonal and professional relationships for the advancement of nursing as a profession. In addition, learners will discuss the legal and ethical issues that impact nursing practice.

#### Specialist Modules – Gerontology

**HS8723 Research and Evidence-Based Practice (60 hrs)**

The module aims to develop a critical and evaluative approach to research utilising a range of different approaches and methods. It seeks to foster and develop in students the ability to critically appraise studies as well as to plan a specific piece of research. The module places equal emphasis on qualitative and quantitative research traditions.

**HS8725 Health Assessment and Clinical Decision-Making (45 hrs)**

This module focuses on issues that significantly influence professional nursing practice and leadership. Learners will analyze the various approaches and undertake exercises and activities that will further assist them in their interpersonal and professional relationships for the advancement of nursing as a profession. Additionally, learners will discuss the legal and ethical issues, essential components of the profession, that impact nursing practice.

**HS8726 Biological Perspectives of Ageing and Related Pathophysiology and Pharmacology (60 hrs)**

This module aims to provide an understanding of the biological aspects of ageing and their impact on the health status of older persons. Learners will learn to relate ageing changes to general and systemic pathophysiological concepts. In addition, learners will study the key concepts in advanced pharmacology which will form the foundation for understanding the key issues with regards to drug therapy in the older person.

**HS8727 Psychosocial Perspectives of Ageing (30 hrs)**

This module will provide opportunities for the students to examine the effects of psychological, sociological and cultural factors on older adults and their experience of ageing. It provides an integrated framework to explore the concept of holistic needs of older adults. It also includes basic theory and skills of counseling to prepare advanced practice nurses to manage challenging situations in practice.

**HS8721 Advanced Gerontological Nursing I (90 hrs)**

This module will focus on the health challenges encountered by the older adults and their relation to multi-pathological disease process. Emphasis will be given to the expansion of knowledge and skills in maintaining and improving the quality of life of the older adults holistically, in institutional and community settings. The knowledge will enhance the assessment, planning, implementation and evaluation of the nursing care and allied provisions.

**HS8728      Advanced Gerontological Nursing II      (75 hrs)**

This module is designed to explore the concept of continuity and continuing care and its association with care of the older adults in an affluent society. Learners will apply the process of advance care planning, care transition and intermediate and long-term care in gerontology nursing. The principles of rehabilitation will also be introduced and learners will expand their knowledge and skills in the physical, cognitive and social rehabilitation process of the older adults; with multidisciplinary and interdisciplinary involvement.

**HS8729      Advanced Gerontological Nursing Clinical Practice      (420 hrs)**

This module enables the learners to apply the theoretical concepts to clinical practice in a variety of gerontological settings. The learners will utilize the problem-solving approach in the assessment, planning and delivery of nursing care to the patients with gerontological disorders, as well as develop analytical and critical thinking through reflective practice.

## **Duration**

32 weeks on a full-time basis.

## **Entry Requirements**

- A Diploma in Nursing from a local Polytechnic or an equivalent qualification;
- Registered with the Singapore Nursing Board;
- 1 year post registration experience with 6 months in the discipline of study;
- Regional candidates must have an IELTS grade of 6 and above.

## **Application**

Details of the course will be announced as and when the course is offered. Typically two intakes per year, in April and October. The course will be conducted based on sufficient number of applicants.

Applicants are to submit their application online at [www.nyp.edu.sg/pdc](http://www.nyp.edu.sg/pdc)

Please submit your supporting documents (photocopy of NRIC, educational transcripts, degree, etc.) to the following address by the closing date:

Student Recruitment & Admission Office,  
Nanyang Polytechnic,  
Campus Centre (Blk A), Level 2,  
180 Ang Mo Kio Avenue 8,  
Singapore 569830

NB: (1) An incomplete submission may not be considered.

Organisations sponsoring their staff for the programme are required to submit the Company-Sponsorship Form to the above address by the closing date. This can be obtained from the Course Calendar at [www.nyp.edu.sg/pdc](http://www.nyp.edu.sg/pdc)

## **Enquiries**

Enquiries related to the course application, please contact: Professional Development Centre (PDC)

TEL: 6550 0555

Enquiries related to the course, please contact: School of Health Sciences,

TEL: 6550 1300

[www.nyp.edu.sg/shs](http://www.nyp.edu.sg/shs)