

Advanced Diploma in Nursing (Mental Health)

The focus of mental health nursing is to optimise the health of individuals, families and the community. Students of the Advanced Diploma in Nursing (Mental Health) will be equipped with specialised knowledge and clinical skills to provide nursing leadership in the delivery of comprehensive healthcare for the community.

Synopsis of Modules

Common Modules

HS8014 Leadership and Healthcare Management (30 Hrs)

This module provides students an understanding of the impact that economic, political and social issues have on the Singapore Health Care system. In addition, the students will explore and develop strategies in the management of these issues within the health care setting.

HS8015 Professional Issues in Advanced Nursing Practice (30 hrs)

This module focuses on issues that significantly influence professional nursing practice and outcomes. Learners will analyze the various approaches and undertake exercises and activities that will further assist them in their interpersonal and professional relationships for the advancement of nursing as a profession. In addition, learners will discuss the legal and ethical issues that impact nursing practice.

Specialist Modules – Mental Health

HS8321 Research and Evidence-Based Practice (60 hrs)

The module aims to develop a critical and evaluative approach to research utilising a range of different approaches and methods. It seeks to foster and develop in students the ability to critically appraise studies as well as to plan a specific piece of research. The module places equal emphasis on qualitative and quantitative research traditions.

HS8322 Health Assessment and Clinical Decision-Making (45 hrs)

This module focuses on issues that significantly influence professional nursing practice and leadership. Learners will analyze the various approaches and

undertake exercises and activities that will further assist them in their interpersonal and professional relationships for the advancement of nursing as a profession. Additionally, learners will discuss the legal and ethical issues, essential components of the profession, that impact nursing practice.

HS8323 Advanced Psychophysiology and Psychopharmaceutics (60 hrs)

This module aims to deepen the appreciation of the biological processes relevant to abnormal function and behaviour. It will explore the structure and function of the central and peripheral nervous systems, pathophysiology of common psychiatric disorders and current psychopharmacology and somatic treatments. In addition, learners will study key concepts in advanced pharmacology which will form the foundation to understanding the rationale for pharmacological management of patients with chronic health problems.

HS8324 Psychosocial Perspectives of Mental Health Nursing (30 hrs)

This module provides learners with an increased awareness and understanding of psychosocial issues pertaining to mental health nursing practice. It will assist learners to recognize the needs and interventions to the problems of patients and their significant others, in relation to the different mental disorders presented in practice. It also includes basic theory and skills of counseling to prepare advanced practice nurses to manage challenging situations in practice.

HS8319 Advanced Mental Health Nursing I (75 hrs)

This module enables the students to assess, identify and evaluate major mental health problems across the lifecycle. The students will develop effective nursing interventions in assisting the client and family to implement adaptive coping strategies.

HS8325 Advanced Mental Health Nursing II (90 hrs)

This module is designed to give learners an understanding of the development of mental health nursing knowledge and practice. It will also examine the contemporary issues in mental health nursing in addition to providing learners with the theoretical knowledge to develop analytical skills in community mental health nursing. This module will also examine the nurses' role and responsibility in nursing the persistently and severely mentally ill client and their family and in

psychiatric rehabilitation. Learners will also apply the process of advance care planning and care transition in mental health nursing. Additionally, learners will develop advanced skills in counseling and in dealing with group processes.

HS8326 Advanced Mental Health Nursing Clinical Practice (420 hrs)

This module enables the learners to apply the theoretical concepts to clinical practice in a variety of mental health settings. The learners will utilize the problem-solving approach in the assessment, planning and delivery of nursing care to the patients with psychiatric disorders, as well as develop analytical and critical thinking through reflective practice.

Duration

32 weeks on a full-time basis.

Entry Requirements

- A Diploma in Nursing from a local Polytechnic or an equivalent qualification;
- Registered with the Singapore Nursing Board;
- 1 year post registration experience with 6 months in the discipline of study;
- Regional candidates must have an IELTS grade of 6 and above.

Application

Details of the course will be announced as and when the course is offered. Typically two intakes per year, in April and October. The course will be conducted based on sufficient number of applicants.

Applicants are to submit their application online at www.nyp.edu.sg/pdc

Please submit your supporting documents (photocopy of NRIC, educational transcripts, degree, etc.) to the following address by the closing date:

Student Recruitment & Admission Office,
Nanyang Polytechnic,
Campus Centre (Blk A), Level 2,

180 Ang Mo Kio Avenue 8,
Singapore 569830

NB: (1) An incomplete submission may not be considered.

Organisations sponsoring their staff for the programme are required to submit the Company-Sponsorship Form to the above address by the closing date. This can be obtained from the Course Calendar at www.nyp.edu.sg/pdc

Enquiries

Enquiries related to the course application, please contact: Professional Development Centre (PDC)

TEL: 6550 0555

Enquiries related to the course, please contact: School of Health Sciences,

TEL: 6550 1300

www.nyp.edu.sg/shs