

## Advanced Diploma in Nursing (Palliative Care)

Palliative care entails the management of patients with death and dying issues. The Advanced Diploma in Nursing (Palliative Care) provides students with the necessary in-depth knowledge and understanding of nursing and medical management as well as the advanced palliative care skills required for practice in this specialty.

### Synopsis of Modules

#### Common Modules

**HS8014 Leadership and Healthcare Management (30 Hrs)**

This module provides students an understanding of the impact that economic, political and social issues have on the Singapore Health Care system. In addition, the students will explore and develop strategies in the management of these issues within the health care setting.

**HS8015 Professional Issues in Advanced Nursing Practice (30 hrs)**

This module focuses on issues that significantly influence professional nursing practice and outcomes. Learners will analyze the various approaches and undertake exercises and activities that will further assist them in their interpersonal and professional relationships for the advancement of nursing as a profession. In addition, learners will discuss the legal and ethical issues that impact nursing practice.

#### Specialist Modules – Palliative Care

**HS8975 Research and Evidence-Based Practice (60 hrs)**

The module aims to develop a critical and evaluative approach to research utilising a range of different approaches and methods. It seeks to foster and develop in learners the ability to critically appraise studies as well as to plan a specific piece of research. The module places equal emphasis on qualitative and quantitative research traditions.

**HS8977      Advanced Health Assessment and Clinical Decision-Making**

**(45 hrs)**

The module provides learners with an in-depth knowledge and skills of health assessment to develop their abilities to perform systematic assessment for clinical decisions and interventions.

**HS8978      Advanced Pathophysiology and Pharmacology in Palliative Care**

**(60 hrs)**

This module provides an in-depth study of general and systemic pathophysiology followed by further knowledge of pathophysiology processes related to palliative care nursing. Learners should be able to integrate the pathophysiological knowledge gained with the various clinical presentations and complications of disease states. In addition, learners will study key concepts in advanced pharmacology which will form the foundation to understanding the rationale for pharmacological management of patients with complex health problems.

**HS8980      Psychosocial Perspectives of Palliative Care Nursing      (30 hrs)**

This module provides learners with an increased awareness and understanding of psychosocial issues pertaining to palliative care nursing practice. It will assist learners to recognize the needs and problems of patients as well as their significant others at different phases of the illness and treatment to develop effective intervention strategies. It includes basic theory and skills of counseling to prepare advanced practice nurses to manage challenging situations in practice.

**HS8981      Principles and Practice of Palliative Care      (75 hrs)**

This module covers the principles, philosophies, and goals of palliative care, current and future approaches that impact the quality of life of patients and their family members. This module also covers the ethical issues in end-of-life care, paediatric and geriatric palliative care and the role of spirituality in palliative care. Learners will also apply the process of advance care planning and care transition in palliative care nursing.

**HS8982      Advanced Palliative Care Nursing      (90 hrs)**

This module explores the specific measures in the management of pain, physical and psychological symptoms in terminally ill patients (cancer and non-cancer).

Learners will learn to perform a comprehensive pain and symptom assessment and to manage pain and other symptoms competently. This module also covers pertinent psychomotor skills associated with palliative care.

**HS8983      Advanced Palliative Care Nursing Clinical Practice      (420 hrs)**

This module enables the learners to apply the theoretical concepts to clinical practice in a variety of palliative care settings. The learners will utilize the problem-solving approach in the assessment, planning and delivery of nursing care to the terminally ill patients, as well as develop analytical and critical thinking through reflective practice.

## **Duration**

32 weeks on a full-time basis.

## **Entry Requirements**

- A Diploma in Nursing from a local Polytechnic or an equivalent qualification;
- Registered with the Singapore Nursing Board;
- 1 year post registration experience with 6 months in the discipline of study;
- Regional candidates must have an IELTS grade of 6 and above.

## **Application**

Details of the course will be announced as and when the course is offered. Typically two intakes per year, in April and October. The course will be conducted based on sufficient number of applicants.

Applicants are to submit their application online at [www.nyp.edu.sg/pdc](http://www.nyp.edu.sg/pdc)

Please submit your supporting documents (photocopy of NRIC, educational transcripts, degree, etc.) to the following address by the closing date:

Student Recruitment & Admission Office,  
Nanyang Polytechnic,  
Campus Centre (Blk A), Level 2,

180 Ang Mo Kio Avenue 8,  
Singapore 569830

NB: (1) An incomplete submission may not be considered.

Organisations sponsoring their staff for the programme are required to submit the Company-Sponsorship Form to the above address by the closing date. This can be obtained from the Course Calendar at [www.nyp.edu.sg/pdc](http://www.nyp.edu.sg/pdc)

## **Enquiries**

Enquiries related to the course application, please contact: Professional Development Centre (PDC)

TEL: 6550 0555

Enquiries related to the course, please contact: School of Health Sciences,

TEL: 6550 1300

[www.nyp.edu.sg/shs](http://www.nyp.edu.sg/shs)