

Eat healthy, live right

On Jan 27, Nanyang Polytechnic's Asian Culinary Institute (ACI) is organising an "Eat Right for a Healthier You" event to encourage everyone to live healthier lifestyles.

Some highlights include a cooking demonstration by celebrity chef Eric Neo and ACI chef trainers, as well as the opportunity to try Samsung wearables during Zumba and kickboxing sessions.

Every visitor who completes the issued activity card will receive a limited-edition goodie bag, while stocks last. Go to www.aci.edu.sg or info@aci.edu.sg to register your attendance.



EAT RIGHT

For a healthier you

27TH JANUARY 2018

LIFELONG LEARNING INSTITUTE (LEVEL 1&3)

11 FUNDS ROAD & SINGAPORE 400601

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