

For Diploma in Sport & Wellness Management

NYP's Diploma in Sport & Wellness Management is designed to meet the increasing demand for a greater business and professional orientation in the sport industry. This course offers the unique combination of sport studies and business management, both of which are crucial for success on and off the field. If you aspire to be actively engaged in the business of sports, and want to promote healthy lifestyles, manage athletes and deliver wellness programmes, this course equips you with the capabilities to succeed in this global industry. The course will enable you to turn your passion for sport into a profession and become one of Singapore's next generation of sport practitioners.

Ideal Applicant:

Applicants should demonstrate:

- Passion and keenness for sport through representation or participation in competitions, or through volunteer engagements at sport events and activities. They should be able to share their active involvement in related projects and CCAs;
- Leadership skills in roles or positions of responsibility they undertook. They should be able to share the learning values attained as a result of carrying out these functions;
- Clear career aspirations and understanding of the job opportunities available in the sport, health and wellness industries;
- Familiarity with the course curriculum and the ability to cite unique aspects of the course; and,
- Awareness of current affairs and ability to think out-of-the-box by relating recent news to questions posed pertaining to the sport & wellness industries.

Shortlisted applicants will be assessed as follows:

1. Aptitude Test

Shortlisted applicants are required to take an online aptitude test. The aptitude test will identify applicants' strengths and qualities (even hidden ones) so as to match talent and potential to business courses they are most suited for. The test discovers key business traits like critical thinking, innovativeness, communication and personal effectiveness which are key for future business careers. The aptitude test includes both scenario-based multiple-choice questions and structured short questions.

2. Interview

If you are shortlisted, you will be invited for an interview to share more about your passion for the course with a panel of interviewers. You will be assessed on your interest, aptitude, as well as communication and presentation skills. The duration of the interview will be between 15 to 25 minutes for a one-to-one interview, or longer if it is a group interview.

Some of the questions which you may be asked during the interview include:

- What are your passions and how are they related to you choosing this course?
- What sport or wellness activities do you partake in? Share how these have benefited you in your daily living, or what values you have derived from them.
- Share any recent sport, health or wellness event or news article (local or international) that caught your attention or interest. Explain why.
- What do you understand by the term 'wellness'? Give an example to demonstrate your understanding of wellness.

- You are tasked to speak to a group of secondary school students who claim they dislike physical activities or being sweaty in the sun. Share how you would encourage them to exercise.
- Share how you would encourage those with sedentary lifestyles to change their behavior?

3. **Portfolio (Optional)**

You should include in your portfolio, any evidence and/or activities that showcase (e.g. certifications attained, online business, etc) your character, involvement, and passion of sport & wellness management.

Examples of what to include in your portfolio:

- Testimonials
- Certificates (e.g., academic, achievement and/or personal development)
- Awards