

# NYP Alumni Sports and Recreational Facilities Rules and Regulations – 15 Dec 2025

## 1. Purpose

- These rules and regulations are established to ensure the safe and enjoyable use of NYP sports and recreational facilities (“**facilities**”) by alumni and their guests (“**users**”).

## 2. Eligibility

- NYP alumni and their guests are eligible to use the facilities. Alumni must present the following, and guest must be accompanied by an alumnus at all times:
  1. Identity card (NRIC or other valid identification)
  2. AXS transaction receipt
  3. Confirmation email - The name in the email must match the ID card

## 3. Operating Hours Facilities are available for use during the following hours:

Facilities	Operating Hours	Rates per booking
Bodywatch Gym (10 slots for each 2-hr block)	Sat 9 am – 7 pm	\$10 (2-hour block per pass)
Karaoke (Room) at T-Junction (1 room)	Sat 9 am – 7 pm	\$24 (2-hour block per pass)
Recreational Games at T-Junction: <ul style="list-style-type: none"><li>• Pool table</li><li>• Darts</li></ul> <i>Board Games available for loan FOC</i>  <i>* Airhockey and Foosball FOC for alumni-users with paid bookings at T-J, capped at 30 mins/ game type.</i>	Sat 9 am – 7 pm	\$10 (2-hour block per pass)

Badminton Courts (2 courts)	Sat 3 pm – 7 pm Sun 9 am – 7 pm	\$10 (2-hour block per pass)
Squash Courts (1 court)	Sat 3 pm – 7 pm Sun 9 am – 7 pm	\$10 (2-hour block per pass)
Table Tennis (2 tables)	Sat 3 pm – 7 pm Sun 9 am – 7 pm	\$9 (2-hour block per pass)
Tennis Courts (South) (2 courts)	Sat 3 pm – 7 pm Sun 9 am – 7 pm	\$20 (2-hour block per pass)
Swimming Pool (10 slots)	Sat & Sun 9 am – 7 pm	- FOC for Alumni (8 passes daily) - \$9.00 for alumni + up to 3 guests per pass (2 passes daily) per entry
Running Track (10 slots)	Sat & Sun 9 am – 7 pm	FOC per entry

#### 4. General Conduct

- All users must adhere to the facility's rules and regulations.
- Respect for staff, other users, and facility property is mandatory. Use of offensive language, intimidation or harassment is not permitted.
- Personal conduct must not disrupt or endanger others.
- Loud or disruptive behaviour is not permitted.

#### 5. Attire

- Proper athletic attire and footwear must be worn at all times.
- Shirts must be worn at all times.
- Specific dress codes for certain facilities or activities must be followed.

## **6. Cleanliness and Hygiene**

- Users must maintain personal hygiene and cleanliness.
- Equipment must be wiped down after use.
- Littering is prohibited; dispose of trash in designated bins.
- Users must shower before using the pool.

## **7. Personal Belongings Storage**

- Personal items should be stored in lockers provided.
- NYP is not responsible for the loss, theft, or damage of personal items.
- Belongings left unattended will be considered lost and found.

## **8. Medical Clearance**

- Users are advised to obtain medical clearance before engaging in physical activities.
- Participation in activities is at the user's own risk.
- Users certify that they have no medical conditions that would preclude their safe use of the facilities.

## **9. Agreement to Terms**

- Booking or use of the facilities implies acceptance and agreement to comply with these rules and regulations.
- NYP reserves the right to request any user to leave immediately if there are any infringement of these rules and regulations.

## 10. Facility Usage

- Equipment must be used for its intended purpose only.
- Users must follow posted instructions and guidelines for each facility.
- Users must return equipment to its designated place after use.
- Any damage to equipment or facilities must be reported immediately to staff.

## 11. Reservations and Cancellations

- Reservations for courts, fields, and other facilities must be made in advance.
- Cancellations must be made at least 24 hours before the reserved time.
- Failure to cancel in a timely manner may result in penalties.

## 12. Guest Policy

- Alumni may bring guests for selected facilities, with guest limits varying by facility as shown below:

Facility	No. of guests allowed
Bodywatch Gym	No guest is allowed
Karaoke (Room) at T-Junction	Up to 5 guests
Recreational Games at T-Junction	Up to 3 guests
Badminton Courts	Up to 3 guests
Squash Courts	Up to 3 guests
Table Tennis	Up to 3 guests
Tennis Courts (South)	Up to 3 guests
Swimming Pool	Up to 3 guests
Running Track	Up to 3 guests

- Alumni are responsible for the conduct of their guests.
- Guests must be registered at the reception and comply with all facility rules and regulations.

### **13. Age Restrictions**

- **Minors under the age of 18** must be accompanied by an adult at all times.
- Certain facilities or activities may have specific age restrictions, which must be adhered to.

### **14. Food and Beverage Policy**

- Food and beverages are not allowed in the facility.
- Consumption of alcohol is strictly prohibited.
- Only water in spill-proof containers is allowed in designated areas.

### **15. Smoking, vaping and/or alcohol**

- Smoking, vaping and/or alcohol are strictly prohibited.

### **16. Personal Training and Coaching**

- Only authorized NYP staff and approved trainers are allowed to provide personal training or coaching services within the facility.
- Unauthorized personal training or coaching is strictly prohibited.

### **17. Lost and Found**

- Lost items should be reported to the reception desk.
- Found items will be held for a maximum of 30 days before being disposed of or donated.

## **18. Photography and Videography**

- Photography and Videography are not allowed without prior approval from facility management.
- Users must respect the privacy of others and avoid capturing images or videos of individuals without their consent.

## **19. Facility Closure**

- NYP reserves the right to close or limit access to facilities for maintenance, special events, or other reasons as deemed necessary without notice to users.
- Notice of closures will be provided in advance whenever possible.

## **20. Insurance**

- Users are encouraged to obtain their own personal insurance coverage.

## **21. Indemnity for Damage to Equipment**

- Users agree to indemnify and hold NYP harmless from any damages to equipment caused by their use. This includes, but is not limited to, the cost of repair or replacement of damaged equipment.

## **22. Indemnity for Injury**

- Users acknowledge and accept the inherent risks associated with the use of the facilities. Users agree to indemnify and hold NYP harmless from any claims, damages, demands, actions, losses, costs and expenses (including attorney fees) arising out of personal injury or death resulting from their use of the facilities, whether caused by negligence or otherwise.

## **23. Indemnity for Loss of Personal Items**

- NYP is not responsible for the loss, theft, or damage of personal items brought into the facilities. Users agree to indemnify and hold NYP harmless from any claims, damages, demands, actions, losses, costs and expenses (including attorney fees) arising out of the loss or damage of personal items.

#### **24. Indemnity by Alumni for guest**

- Alumni shall indemnify and hold NYP harmless from any claims, damages, demands, actions, losses, costs and expenses (including attorney fees) arising out of personal injury or death of the guest from their use of the facilities, whether caused by negligence or otherwise; or arising out of the loss or damage of personal items of the guest.

#### **25. Liability**

- Users voluntarily assumes all risks associated with using the facilities or participating in any activities and agree that such usage and participation is entirely at the user's own risk.
- To the full extent allowed by law, users release NYP from any and all liability for claims, damages, demands, actions, losses, costs or expenses from their use of the facilities including but not limited to claims, damages, demands, actions, losses, costs or expenses caused indirectly or are of a consequential nature howsoever arising including whether the same arises in contract or tort or otherwise.

#### **25. Emergency Procedures**

- In the event of an emergency, users must follow staff instructions and posted emergency procedures.
- First aid kits and automated external defibrillators (AEDs) are available at designated locations.

#### **26. Enforcement and Penalties**

- Failure to adhere to these rules and regulations may result in suspension or revocation of facility usage privileges.
- NYP reserves the right to modify or update these rules and regulations as needed without notice.